



APPENDIX F

CHILDREN AND YOUTH HEALTH SCREENING QUESTIONNAIRE UPDATED NOVEMBER 13, 2020

As of October 1, the Ontario Government made a few updates to their testing guidelines for children.

The main update is adjusting the type and number of symptoms needed for a child to stay home for a period of time and seek medical advice.

Their guidelines continue to evolve as they learn more about COVID-19, how it spreads, and how it affects children and adults in different ways.

Answer the following questions to help you decide if you should or should not go to your Club or OVA activity today.

Children and youth must screen for COVID-19 every day before going to Club or OVA activities. Parents/guardians can fill this out on behalf of a child.

Name: _____

Date (mm-dd-yyyy): _____

Screening Questions (place an "X" in the appropriate column)

1. Are they currently experiencing any of these symptoms?

Choose any/all that are new, worsening, and not related to other known causes or medical conditions.

Fever and/or chills Temperature of 37.8 degrees Celsius/100 degrees Fahrenheit or higher	Yes	No
Cough or barking cough (croup) Continuous, more than usual, making a whistling noise when breathing, not related to other known causes or conditions (for example, asthma, postinfectious reactive airways)	Yes	No
Shortness of breath Out of breath, unable to breathe deeply, not related to other known causes or conditions (for example, asthma)	Yes	No
Decrease or loss of smell or taste Not related to other known causes or conditions (for example, allergies, neurological disorders)	Yes	No

2. Are they currently experiencing any of these symptoms?

Choose any/all that are new, worsening, and not related to other known causes or medical conditions

Sore throat or difficulty swallowing Painful swallowing, not related to other known causes or conditions (for example, seasonal allergies, acid reflux)	Yes	No
Runny or stuffy/congested nose Not related to other known causes or conditions (for example, seasonal allergies, being outside in cold weather)	Yes	No
Headache that's unusual or long lasting Not related to other known causes or conditions (for example, tension-type headaches, chronic migraines)	Yes	No
Nausea, vomiting and/or diarrhea Not related to other known causes or conditions (for example, irritable bowel syndrome, anxiety in children, menstrual cramps)	Yes	No
Extreme tiredness that is unusual or muscle aches Fatigue, lack of energy, poor feeding in infants, not related to other known causes or conditions (for example, depression, insomnia, thyroid dysfunction, sudden injury)	Yes	No

3. Have they travelled outside of Canada in the last 14 days?

Yes/No

4. In the last 14 days, has a public health unit identified them as a close contact of someone who currently has COVID-19?

Yes/No

5. **Has a doctor, health care provider, or public health unit told them/you that they should currently be isolating (staying at home)?**
Yes/No
6. **In the last 14 days, have they received a COVID Alert exposure notification on their cell phone?**
Yes/No

Results of Screening Questions

If you answered “YES” to any of the symptoms included under question 1:

- Contact the Club to let them know about this result.
- They should isolate (stay home) and not leave except to get tested or for a medical emergency.
- Talk with a doctor/health care provider/Local Public Health Unit to get advice or an assessment, including if they need a COVID-19 test.
- Household members without symptoms may go to Club or OVA activities.
- Check your local public health unit’s website or call to see if they have different rules based on local risk.

If you answered “YES” to only one of the symptoms included under question 2:

- Contact the Club to let them know about this result.
- They should isolate (stay home) for 24 hours and not leave except for a medical emergency.
- After 24 hours if their symptom is improving, they can return to Club or OVA events when they feel well enough to go. They do not need to get tested.
- Household members without symptoms may go to Club activities.
- Check your local public health unit’s website or call to see if they have different rules based on local risk.

If you answered “YES” to two or more of the symptoms included under question 2:

- Contact the Club to let them know about this result.
- They should isolate (stay home) and not leave except to get tested or for a medical emergency.
- Talk with a doctor/health care provider/Local Public Health Unit to get advice or an assessment, including if they need a COVID-19 test.
- Household members without symptoms may go to club or OVA activities.
- Check your local public health unit’s website or call to see if they have different rules based on local risk

If you answered “YES” to question 3, 4, 5 or 6:

- Contact the Club to let them know about this result
- They should isolate (stay at home) for 14 days and not leave except to get tested or for a medical emergency
- Talk with a doctor/healthcare/Local Public Health Unit to get advice or an assessment, including if they need a COVID-19 test

If you answered “NO” to all questions, your child may go to club or OVA activities.